

FLYING GEESE

USING THE ONE SEAM GEESE METHOD (ENGLISH METHOD)

READY FOR SOME FUN!

1. CUT A **5 ½ INCH BY 3 INCH** STRIP IN ONE COLOUR FABRIC. (This will be the “goose”.)
2. CUT **TWO 3 INCH SQUARES** IN A DIFFERENT COLOUR FABRIC. (This will be the “sky”.)
3. **FOLD** THE 5 1/2 INCH STRIP (wrong sides together) **IN HALF** AND PRESS LIGHTLY.
4. PLACE ONE SQUARE RIGHT SIDE UP ON TABLE TOP, PLACE FOLDED STRIP ON TOP OF THIS SQUARE WITH THE FOLD AT TOP, **¼ INCH DOWN FROM TOP OF SQUARE**, THEN PLACE SECOND 3” SQUARE ON TOP OF THIS (right side down), **MAKING A SANDWICH**. (Raw edges of folded strip will be flush with the bottom of the two squares.)
5. NOW STITCH A **¼ INCH SEAM DOWN THE RIGHT SIDE** OF THE SANDWICH. OPEN UP AND VOILA YOU WILL FIND YOUR GOOSE NESTED BETWEEN THE TWO SQUARES. PULL OPEN AND PRESS.
6. ONE CAN **STITCH DOWN THE SIDES** OF THE “GOOSE” OR LEAVE IT LOOSE TO GIVE IT A 3 DIMENSIONAL EFFECT.

FINISHED FLYING GEESE UNIT WILL BE 5” x 2 1/2”.

SOME IDEAS I HAVE SEEN USING THIS METHOD IS CURVING THE EDGES OF THE “GOOSE” GIVING IT A DIFFERENT LOOK OR SEWING TWO UNITS TOGETHER CREATING A CATHEDRAL WINDOW.